Style

# Forget settling for that OVER-SIZEDT-SHIRT and have LMY with cover-up attire!

one are the days of low-rise hipsters and tummy-bearing tube tops (thank goodness!). As our wardrobes experience a more conservative era, it's time to take our swimwear to the next level. Cover-ups have lunch on a patio or cocktails with friends, been around since our mothers hit the beach, but thanks to fashion's advancements, they are less for covering-up and more for highlighting

our silhouettes, enhancing our swimwear and the timeless tease of leaving some things to the imagination. Let's face it, lazy days by the water wouldn't be complete without a scrumptious making cover-ups essential for effortless breaks from soaking in the sun.

inding the perfect cover-up for your body type is just as important in maximizing your confidence as finding the perfect swimsuit. Not sure what style suits your body? Amie Heenan, owner of Melmira Bra and Swimsuits shares her expertise.

#### Shape: RULER

#### Solution:

Tall and slender figures can wear almost anything, but Amie warns that attempts to create too much of a silhouette can be overwhelming. The perfect style? As shown on our model, the trendy butterfly-sleeve tunic is both sexy and adds curves.

# Shape: PEAR

# Solution:

Those pesky hips that you probably inherited from your mother look best beautifully wrapped with a pareo. Amie claims that the wrap-style minimizes and gives coverage to the hips while lengthening and showing off the upper body. Halter-top or spaghetti strap dresses will accentuate the lower body so opt for a scoop neck or go sexy in strapless.

# Shape: APPLE

### Solution:

Don't feel you have to hide everything if you've got a little extra around your midriff. Pay homage to the 60s with a cute babydoll dress that will camouflage your tummy and show off your slender legs at the same time.

Shape: HOURGLASS

### Solution:

Curves are not the enemy! Accentuate with a halter-neckline and remember: "coverups with a higher percentage of lycra work better than 100% cotton, as the fabric adheres to the shape of woman's curves."

> Opposite Page: Seafolly, nylon and lycra mid-length Pareo (Melmira) nylon and elastene two piece halter style bikini top and bottom (La Vie en Rose) This Page: Jets, rayon butterfly sleeve kimono (Melmira); Model: Jennifer (Stylus Canada) Styling: Tessa Johnson; Make-up and Hair: Rachael Bowles; Photography: Christopher Lindhorst